

Columbia Eye Clinic, P.A.
R. Mitchell Newman, M.D.
Phone: 1-803-779-3070

What To Do Before Surgery

- Your surgery is scheduled at Columbia Eye Surgery Center on _____. Please arrive at 1920 Pickens Street at _____.
- Begin using your drops (**Vigamox** –tan top three times a day, & **Prolinsa** – gray top one time per day) in the _____ eye beginning on the Monday prior to surgery. Leave 3 or 4 minutes between each kind of drop.
- Have nothing to eat or drink after midnight the night before surgery. However, you may take your blood pressure medicine with a sip of water the morning of surgery, but no juice, no coffee, and no breakfast.
- Stop your aspirin and/or blood thinners one week before surgery if cleared with your internist/cardiologist.
- Please bring COMPLETED Universal Medication Form with you the day of surgery. Bring only those medications with you in their original bottles the day of surgery that you may need such as *diabetic meds* or any *inhalers*. You should **take your blood pressure medication with a small sip of water** the morning of surgery.
- Diabetic patients: Since you will not be eating, DO NOT TAKE YOUR INSULIN INJECTIONS OR ORAL DIABETIC TABLETS ON THE MORNING OF SURGERY. Bring them with you so they can be resumed once you start eating after surgery.
- Wear loose fitting clothing with short sleeves that button up the front. Shower and wash your hair the morning of surgery and wear NO makeup, lotions, or creams.
- You must have an adult to drive you to and from the surgery center and one person should plan to be there for approximately two hours with you.
- You will return the day after surgery on Thursday AM for your post-op visit.
- If you have any questions, call *Keri* at 779-3070 (*extension 1289*).